

## Prostiva® Therapy Post-Procedure Patient Instructions

Patient Name \_\_\_\_\_

Patient ID# \_\_\_\_\_

Have pre-arranged transportation to your home available.

After your Prostiva RF Therapy, although you may feel symptom relief after the first week, healing of the prostatic continues for 4 to 12 weeks. During this time you may experience some of the following symptoms:

- Blood in the urine for the first week, then intermittently
- Blood in semen
- Frequent urination at night
- Burning and urgency with urination

For symptom relief, continue your prostate medication as prescribed by your physician:

\_\_\_\_\_

Take the following medication as needed for discomfort:

\_\_\_\_\_

To prevent infection take:

\_\_\_\_\_

Recommendations:

- Drink plenty of fluids, especially water
- Avoid things that can irritate the bladder like alcohol or caffeine in coffee, teas, soft drinks and chocolate
- Sexual intercourse can resume per doctor's instructions
- It is safe to shower, as you desire

Your follow-up appointment is:

\_\_\_\_\_

Please call your urologist for any of the following symptoms:

Unable to urinate

Oral temperature greater than 101°F.

\_\_\_\_\_

Doctor

Phone

\_\_\_\_\_

Patient Signature

Nurse